



ANGELICAN CHURCH OF KENYA NAIROBI DIOCESE
YOUTH
MINISTRY

NDYM Enrolment Training and Commissioning Guidebook

A Comprehensive Guide for the Kenya Anglican Youth
Organisation (NDYM)

*"Don't let anyone look down on you because you are young, but
set an example for the believers in speech, in conduct, in love, in
faith and in purity."*

— 1 Timothy 4:12

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2026 Edition

Foreword

This new training and commissioning manual was developed because we wanted to enhance the objectives of NDYM into a workbook which a youth can learn and share knowledge and skills as they walk and work with their peers. The manual adopts a structure where the topic is introduced, and later questions related to the topic covered are tackled.

The fundamentals such as basic Anglicanism, structure and leadership will provide a rich and detailed platform where the student will grasp an understanding of their faith and church amongst other topics. As a ministry tool this manual will equip and enable the preaching of the gospel of Christ to greater heights thus furthering the kingdom of our Lord and Savior Jesus Christ.

About NDYM

Vision: A mature, caring Anglican youth boldly proclaiming Christ

Mission: To empower humanity for holistic service inspired by God's will

KAYO Motto: "Be strong in the Lord" (Ephesians 6:10)

Core Values

Righteousness, Teamwork, Integrity, Sanctity of Life, Accountability, Transparency, Compassion, Care, Faith, Passion, Commitment

Impact Areas

DISCIPLESHIP

Youth learning who they are in Christ and daily living a Christ life

MENTORSHIP

Older people journeying with young people through life

STEWARDSHIP

Youth discovering their purpose and rightly handling resources

LEADERSHIP

Youth influencing and transforming their generation for God

RELATIONSHIP

Youth exhibiting a Christ-like lifestyle in life relationships

Chapter 1: Know Your Church

History

The Anglican Church of Kenya is part of the Worldwide Anglican Communion. The history of Christianity in Kenya begins with the arrival of Dr. Johann Ludwig Krapf, a CMS missionary, in 1844. The church traces its roots back to St. Augustine's mission to England in 596 AD, through the English Reformation and King Henry VIII.

The Anglican Church of Kenya grew significantly over time. Notable milestones include the consecration of the first African Bishops — Festo Olang' and Obadiah Kariuki. The church has had a succession of Archbishops, most recently Dr. Jackson Ole Sapit.

Special Features of the Anglican Church

- ✝ Episcopal (governed by bishops)

- ✝ Bible as the supreme authority
- ✝ Apostolic succession

Church Titles

Archbishop, Diocesan Bishop, Suffragan Bishop, Assistant Bishop, Bishop Coadjutor, Vicar General, Provost/Dean, Archdeacon, Canon, Rural Dean, Vicar/Rector, Curate, Deacon, Evangelist, Lay Reader

The Four Instruments of Unity

1. The Archbishop of Canterbury
2. The Lambeth Conference
3. The Anglican Consultative Council (ACC)
4. The Primates' Meeting

Organizational Structure

- ✝ Provincial Synod
- ✝ Diocesan Synod
- ✝ Parochial Church Council (PCC)
- ✝ Key departments: Mothers' Union, KAMA (Kenya Anglican Men's Association), KAYO (Kenya Anglican Youth Organisation)

Assignment 1

1. Define the church.
2. What makes our church reformed, Catholic and Apostolic?
3. What are the sacraments and why do we celebrate them?
4. Name some of the office bearers in the Anglican church?
5. What is the work of the Bishop?
6. Name the different titles?

Assignment 2

1. When did the Anglican church start?
2. What is a synod?
3. Who is a Canon?
4. Who is a Provost?
5. What is the meaning of the Anglican communion?
6. Who is the head of the Anglican communion?

Assignment 3

1. What is KAYO?
2. What is NDYM?
3. What is the vision of NDYM?
4. Who is a vice chair and what is their role at the diocese level?
5. What is a lectionary?

Assignment 4

1. What is a creed?
2. How many creeds does the Anglican church have?
3. Who is an Anglican?
4. What is the Book of Common Prayer?
5. What is a province?

Chapter 2: Anglican Liturgy

This structural form of facilitating worship is known as the liturgy. The Anglican worship service follows a set order:

Order of Service

1. **Procession** — The formal entry of clergy and choir into the church
2. **Acclamation** — Praise and acknowledgment of God
3. **Collect for Purity** — Opening prayer for cleansing
4. **Scripture Reading** — Old Testament, Psalm, New Testament, Gospel
5. **Sermon** — Preaching of the Word
6. **Confession** — Acknowledgment of sins
7. **Absolution** — Declaration of forgiveness
8. **Sharing of Peace** — Greeting one another in Christ's peace
9. **Offering** — Giving of tithes and offerings
10. **Doxology** — Praise to the Trinity
11. **Consecration** — The Eucharist/Holy Communion
12. **Closing Prayer** — Final prayer
13. **Recession** — Formal exit of clergy and choir

The Eucharist (Holy Communion) is one of the two sacraments of the church, instituted by Jesus Christ himself on the night before His crucifixion.

Chapter 2 Assignment

1. What is a lectionary?
2. What is the Eucharist?
3. Define the term liturgy.
4. Define the term procession.
5. Define the term recession.
6. What do you understand by the term observation?
7. What is the Book of Common Prayer?

Chapter 3: Know Your Faith

Baptismal Vows

In baptism, Christians make solemn promises to fight against:

- ✝ Sin
- ✝ Satan (the Devil)
- ✝ The World
- ✝ The Flesh (sinful desires)

The Nicene Creed

We believe in one God, the Father the Almighty, maker of heaven and earth, of all that is seen and unseen. We believe in the Lord, Jesus Christ, the only son of God, eternally begotten of the Father, God from God, light from light, true God from true God, begotten not made, of one being with the Father, through him all things were made, For us and for our salvation. He came down from heaven, by the power of the Holy Spirit, he become incarnate of the virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate, he suffered death, died and was buried. On the third day he rose again, in accordance with the scriptures. He ascended into heaven and is seated at the right hand of the Father, He will come again in glory to judge the living and the dead, and His kingdom will have no end. We believe in the Holy Spirit, the Lord the giver of life, who proceeds from the Father and the son. With the Father and the son is worshipped and glorified, He has spoken through the prophets. We believe in one, holy catholic and apostolic church. We acknowledge one baptism for the forgiveness of sins, we look for the resurrection of the dead, and the life of the world to come. Amen.

The Four Marks of the Church

ONE

The Church is united in one faith and one baptism

HOLY

Set apart for God's purposes

CATHOLIC

Universal, for all people everywhere

APOSTOLIC

Founded on the teaching of the Apostles

The Lord's Prayer

The Lord's Prayer places God at the center of our lives and our faith — "Our Father" — and at the end, "Thine is the Kingdom." It reminds us of our dependency on God as both Creator and Father. It also reminds us that He has a Kingdom which He would want us to share with Him. He is our Provider, Protector, and Deliverer.

Faith & Baptism Assignment

1. How do Christians confess their faith?
2. What hinders Christians from talking about their faith?
3. How can we encourage Christians to share their faith?
4. How do we fight (Sin, Devil, The world, The flesh desires)?
5. What must we do to be strong in the battle?
6. What will you do from now on to be a strong baptized and confirmed Anglican Christian?

Nicene Creed Assignment

1. What do we learn about God the Father from the Nicene Creed?
2. What do we learn about Jesus' divine nature?
3. What do we learn about His human nature?
4. What can we discover about the Holy Spirit?
5. How do the three operate during the Salvation process?
6. Can you explain any of the fundamental beliefs about Jesus Christ?
7. Can you identify at least 30 statements about Jesus Christ?

Church & Resurrection Assignment

1. What do you understand by the term Church?
2. How does one become Holy?
3. When do I know that I am a Christian?
4. How do you know when you become a Christian?
5. Are you sure you are a Christian?
6. Do you believe the creed as shown in the Nicene Creed?
7. What challenges do you have with the Nicene Creed?
8. Can you recite the Nicene Creed by heart?
9. Can you explain any one of the eight principal statements of our faith?

Lord's Prayer Assignment

1. Why did Jesus teach the disciples the Lord's Prayer?
2. How is God our Father?
3. What does it teach about God?
4. What are the requests/petitions/supplications in the prayer?
5. Which request has conditions attached to it?
6. What does it mean 'lead us not into temptation'?
7. How does God deliver us from evil?
8. What things belong to God alone?
9. What have you personally learnt from the prayer?
10. Can you say the Lord's Prayer by heart?

Chapter 4: NDYM — Who We Are

NDYM is an affiliate of KAYO (Kenya Anglican Youth Organisation) operating within the Nairobi Diocese of the Anglican Church of Kenya.

KAYO Objectives

1. To bring up young people to know, to love and serve Jesus Christ as Savior and Lord
2. To build up young people in the knowledge of the Christian faith, the Bible being the foundation
3. To educate young people in good Christian character and to encourage them to be good leaders of our church and community
4. To help the church to understand its responsibility towards young people
5. To work in close partnership with other Anglican provinces, churches and organizations with sound Christian doctrine in Kenya and abroad
6. To empower young people to live responsible and meaningful lives spiritually, morally, socially, economically, and politically
7. To build consensus and cohesion among young people

KAYO Promise

I promise to serve Jesus Christ all the days of my life, to pray and read the Bible each day, to reach out for the other young people, caring for K.A.Y.O. members and to keep this promise.

KAYO Pledge

Teach me good Lord to serve you with all my strength, body, soul and mind. To love you and rejoice in you always. To offer my services without counting the cost. I pray that your Holy Spirit will give me courage, to fight against the wicked spiritual forces, by the help of your word. To labour in your vineyard, looking forward to eternal life. In the Name of the Father, the Son and the Holy Spirit.
Amen.

Chapter 5: Identity

As a young person created in God's image (Imago Dei), you have:

- + **Intellectual capacity** – the ability to think, reason, and make decisions
- + **Moral choice** – the freedom to choose right from wrong

Your true identity is not found in your past failures, your family background, or what others say about you. Your identity is located in Jesus Christ. You are:

- + Created with purpose
- + Loved unconditionally
- + Called to make a difference

Key Truth: God does not make mistakes. You are fearfully and wonderfully made

Chapter 6: Leadership

A leader is one who makes decisions, takes responsibility, influences people, and has a vision for the future.

Traits of a Godly Leader (Proverbs 16:1-23)

- + **Humility** — submitting plans to God
- + **Peacemaking** — seeking harmony
- + **Listening** — hearing before speaking
- + **Vision** — seeing beyond the present
- + **Integrity** — doing what is right

Biblical Role Models

DAVID

A man after God's own heart; courageous, worshipful, repentant

JOSEPH

Faithfulness through suffering; integrity under pressure

JOSHUA

Courage and obedience in the face of impossibility

MOSES

Servant leadership; interceding for others

NEHEMIAH

Visionary rebuilders; prayerful and strategic

Chapter 6 Leadership Assignment

1. How would you describe these leaders: David, Joseph, Joshua, Moses, Nehemiah?
2. How can a young person become a visionary leader?
3. How do leaders motivate others to achieve objectives?
4. Who do you consider a role model and why?
5. Do parents mentor leaders? Explain your answer.

Chapter 7: Order of K.A.Y.O. Enrolment Service

Opening Hymn: When We Walk with the Lord

BISHOP: The Lord be with you.

ALL: And also with you.

BISHOP: We have come together here today to thank God for his faithfulness in our lives and also thank him for his gifts to us of Young people who have chosen to love and serve Him and give themselves to be used by him in His Church. These young people we shall not only enroll today but also commission to be active youth in the Church and as KAYO members. So Blessed are these Youth who live your house.

ALL: They will always be singing your Praise.

BISHOP: Praise the Lord.

ALL: The Name of the Lord be praised.

Presentation of Candidates

(The congregation sits. The candidates remain standing.)

(Presentation of the youth by the DYO and the Diocesan Youth Chairperson)

DYO & CHAIR:	Beloved Father in God, we present to you these young people to be enrolled as new members of Kenya Anglican Youth Organization.
BISHOP:	Take heed that these young people you present to me for enrolment be young men and women of our faith and of good conduct and have been trained and equipped so that they may be able to show by examples that they are Disciples of Christ.
DYO & CHAIR:	We have trained them and believe that they have the qualities of a good soldier of Christ, and they are prepared to become members of the K.A.Y.O.

Examination of Candidates

BISHOP:	Before I enroll them, I will need to hear whether they are well taught of the things that they are required to know. Let them tell us the K.A.Y.O. objectives.
	<i>[Candidates recite the KAYO Objectives]</i>
BISHOP:	Will you accept and promise to follow these objectives?
ALL:	Yes I will.
BISHOP:	What is the K.A.Y.O. MOTTO?
ALL:	Be strong in the Lord (Ephesians 6:10).
BISHOP:	Let us hear whether you know the K.A.Y.O. Promise.
	<i>[Candidates recite the KAYO Promise]</i>
BISHOP:	What is the K.A.Y.O. Pledge?
	<i>[Candidates recite the KAYO Pledge]</i>
BISHOP:	Can you say the Nicene Creed which is the Statement of Our Faith?
	<i>[Candidates recite the Nicene Creed]</i>
BISHOP:	What three things do you learn from this creed?
	<i>[Candidates respond with the three lessons from the Creed]</i>
BISHOP:	Are you willing and ready to be enrolled as a K.A.Y.O. member?
ALL:	Yes, I am ready.

Enrolment

(The Bishop holds the candidate's right hand and says:)

BISHOP: I receive you as a member of the Kenya Anglican Youth Organization in the Name of the Father, Son and the Holy Spirit.

Commissioning

(The Bishop presents membership cards to each candidate and commissions them:)

BISHOP: Go and serve the world in the Name of Christ.

Conclusion

Prayers for the youth to stand firm against the wicked world.

Blessing: The Grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all. Amen.

Personal Notes & Declaration

I, _____, commit myself to the KAYO Promise
and Pledge on this day _____ at _____
Parish, Nairobi Diocese.

Notes

NDYM | ANGLICAN CHURCH OF KENYA | NAIROBI DIOCESE